

ANTI PSYCHIATRY

TRAINING 1

WHAT IS PSYCHIATRY ?

Psychiatry, as it is currently practiced, is simply Nazi Eugenics which has been "repackaged" to make it look acceptable to our culture. At the end of World War II, the United States invited many Nazis - who should have been tried for war crimes - to come stay in the US and be guaranteed protection from prosecution for their crimes. Many of these Nazis were psychiatrists [see sntp.net] who had previously sent "mental cases" to gas chambers and furnaces. Now, they were turned loose to "practice" on American citizens.

Eugenics is the philosophy which argues that society has a duty to exterminate "defective" people to "purify the gene pool". Exactly who is "defective" depends upon who is making the decision. Hitler felt Jews were defective. However, if Jews were making the choices they would likely disagree.

In contemporary psychiatry, a group of psychiatrists periodically meet in secret to compile a book of personality profiles called the DSM. These profiles determine who will be targeted for extermination under the philosophy of eugenics. The book of profiles is then circulated to all psychiatrists. If any one of these people should decide that you fit one or more profile, you will be labeled, hunted down, sterilized, brain damaged and slowly killed.

WHAT DO PSYCHIATRISTS DO TO PEOPLE ?

Basically, they destroy their brains using methods which allow the body to remain technically alive while the brain is killed. Over the years, a number of innovative ways have been developed to accomplish this:

1. Surgery - called "psycho surgery" to cut holes in the head and remove some brains.
2. Lobotomies where ice picks are shoved in a person's eyes to penetrate and physically damage the brain.
3. Insulin Comas which used deliberate overdoses of insulin to put people into a coma during which brain cells were caused to die - more time in coma = more brain death.
4. Electric shocks - called ECT - using a device designed to stun cattle in slaughterhouses just before they were killed so they would not resist slaughter
5. Phenothiazine based drugs. Phenothiazine is a pesticide - look it up. So the first psychiatric drugs were "pesticides for unwanted humans"

6. Atypical drugs. Some of these new drugs [e.g. Zyprexa - see sntp.net] cause permanent brain damage after just one dose.

So, the central theme here is *BRAIN DAMAGE*. That is all psychiatrists do. That is all they have ever done. That is all they know how to do.

Most of the drugs in use today cause sterility and will shorten a person's life by about 25 years. They fulfill the goals of Eugenics (1) to prevent the "useless eater" from reproducing and (2) kill the useless eater *quietly*.

MECHANISM OF PSYCHIATRIC DRUGS

If you read the literature generally available to the public, it will say that the mechanism of action of psychiatric drugs is unknown. This is a lie and why it continues to be printed in official literature which must be approved by government regulators is pretty strange since these people would have to know such a statement is wrong and misleading. Anyway, the truth is that most of the so called "major tranquilizers" which are based on the pesticide phenothiazine block one or more specific dopamine receptors. Since dopamine affects brain processes that control movement, emotional response, and the ability to experience pleasure and pain, when you block those receptors you destroy the ability to feel happy, destroy natural emotions and create "blunted emotions" and cause the person to have weird movements that cannot be controlled and are very uncomfortable. Doctors can usually convince the uninformed that the shaky, jerky people they see in hospitals are that way because of their "mental illness" when, in truth, all this is caused by the drugs.

When someone's natural brain functions have been altered by these poisons, the brain tries its best to compensate. Therefore, anyone who has been given these chemicals for an extended period must endure a period of "reverse compensation" or withdrawal if they stop while the brain tries to recover its natural state. This readjustment period can be difficult. Therefore, doctors tell people they can never stop using the drugs once they start. Of course, since this means a guaranteed early death and a guaranteed miserable life while you wait for your early death, many feel this is unacceptable.

PSYCHIATRY - GOVERNMENT PARTNERSHIP

Psychiatrists are basically a group of sassy, opinionated nerds with big egos who feel that they are above everyone and so have the right to force others to submit to them and live life according to their desires. However, alone, they have no power. Therefore, they have partnered with the government to provide them with the muscle to impose their will upon others who want nothing to do with them. It could be thought of as a government sponsored cult. Cults are everywhere and have all sorts of beliefs but they must rely on cunning to attract members. Psychiatrists, however, can simply call the police and have someone dragged from their home into their clutches.

For providing this service, the government is going to want "cooperation". Government enforced psychiatry forms a parallel justice system which operates outside of the normal legal framework. People trapped in this parallel system have no rights and the simple "opinion" of a psychiatrist is all that is required to have them put away for life, brain damaged into a drooling idiot and, eventually, killed. It is, therefore, easy to see why a fascist government would jump at the chance to set up such a system and so dispense with all those messy technicalities like probable cause, credible evidence, civil rights and trials where one is presumed innocent.

The newer DSM books are careful about the words they use. However, "label books" created before the DSM and the notion of political correctness were more direct. Psychiatrists were instructed to be on the lookout for "litigious persons, reformers and prophets" who were to be classified as "paranoid". Clearly, any authoritarian system would love to eliminate litigious persons, reformers and prophets because these are the types of people who would challenge the status quo. If you can just "make these people disappear" by dumping them in the nut house and throwing the key away, it is easy to see why psychiatry would appeal to government types and why they would want to support it.

PSYCHOBABBLE

If you have seen the medical textbooks used to train psychiatrists, you know the things are huge. You could easily get lost and confused trying to understand them. Even the DSM book reads like some science fiction tale with whacky names like "Axis I". All this *psychobabble* easily allows a psychiatrist to dress pretty, go before a judge, spout out a lot of technical crap which no one but another psychiatrist could even begin to understand, and get the judge to agree to whatever is desired.

The best part of psychobabble is that there is no real scientific evidence to support any of it. It is all opinions and the opinions others have about previous opinions. When scientific claims are made like, for example, "chemical imbalances in the brain", they are found to be pure speculation which has no scientific evidence to give it any validity. You are dealing with bullshit piled upon more bullshit. That's all it is.

In the 1970's, there was a movement among scientists and legitimate medical doctors to decertify psychiatry as a legitimate branch of medicine. It was recommended that people presently holding a license to practice psychiatry be given the opportunity to be recertified in neurology, which is legitimate. Training of new psychiatrists was to cease. Well, obviously, psychiatrists were able to defeat this plan. However, it is noteworthy that this proposal was made and that it was made by members of the legitimate medical community based upon real science.

IF YOU ARE ABDUCTED

If you are abducted by psychiatrists you will be taken to the nearest concentration camp - generally called a state hospital - for brainwashing. Psychiatrists have targeted over 75 million people in the United States for extinction. They cannot possibly hold all of them at once. So, the goal here is to overwhelm you with brain disrupter drugs so that you become submissive and then to convince you that you are seriously sick and need to take drugs for the rest of your life. If they believe they have achieved this, they will let you go because you have now been programmed to kill yourself by voluntarily taking their poison. It is sort of like some cult. They want to get you to believe you are sick and need drugs. Like, say convincing you a UFO hiding behind a comet is coming to save you. They need to feel you believe their propaganda. Then they will say you are "in remission" and can leave with your bottles of pills.

If they believe you are resistant to brainwashing, more intense methods will be used. Some states are still allowed to use electric shock treatments to quickly damage your brain. These people do not give up. If they believe that they can't brainwash you, then they will torture you until they kill you and claim you died from your "mental illness".

If you are released, you will not be free. You will be followed and kept drugged for as long as you live. However, once released, you will be in a position to *quietly* make plans to escape and live free.

THE QUIET ESCAPE TECHNIQUE

If a psychiatrist has abducted you and held you against your will, you should be able to obtain government benefits for the rest of your life. Be careful not to fall for any plan which involves returning to work because this will disqualify you from all benefits. Simply say, "you said I have an incurable illness and therefore I am now retired". Immediately file for Social Security Disability. You should realize that, once stamped with a label by a psychiatrist, you have been excommunicated from mainstream society. Your previous life has ended. You can never return to "mainstream" society because you will never be treated as an equal by others who have not been stamped with a label. If you do return, anyone who has a disagreement with you for any reason can just pick up the phone and have you sent back to a concentration camp. You will no longer be able to play on a "level field".

Now, for the positive side: Understand your right to benefits. The first thing you need to do is get your government disability benefits which will provide you with a basic income for the rest of your life. Once you get them, quietly plan your escape from the psychiatrist. Never talk about anything to anyone. Never give a legal information release which would allow people to get any of your records. Try to save up some money. Look for another state which does not have a cooperative relationship with the state in which you were abducted. Then, carefully make your escape plan.

It is common for psychiatrists to try to scare people getting disability by telling them they will lose their benefits if they fail to report to them or fail to take drugs. This is a lie. Once you get certified for benefits, you never need see a psychiatrist again or take any drugs. You have been certified as

permanently disabled. Therefore, you cannot recover by definition. Do not fall for these false threats.

Now, quietly and without notifying anyone, it is time for you to leave for your new home. You will need to tell Social Security that you have moved and register with the new state for that state's benefits. You don't have to tell anyone else. You don't have to tell the new state *why* you are disabled - only that you *are* disabled. If they ask, say it is confidential. They cannot access your social security records. Now, you will want to get a subsidized place to live. Seek help to get a Section 8 apartment or some other subsidized apartment. Check programs which will pay your utilities for free. Get your free cell phone if you want one. Once you get the hang of it, you will find that you now have a better life than most people who work at minimum wage jobs. Remember, WORK = DEATH. Never, never agree to take a job. Everything you have will be lost.

Once you are established, look for new friends. Never say you are disabled because of psychiatry. Pick any other reason. You could be blackmailed and threatened with return to a concentration camp by anyone who wished you ill.

Now, for the fun part. If you can find a mate who is also certified disabled, you may be able to get married, raise a family and *charge everything to the government under various government programs*. Be very careful with marriage, however. It is a reportable event and, if not done correctly and within social security guidelines, could cause you to lose everything. Living with your friend may be safer.

Remember, the government destroyed your previous life. The government authorized a psychiatrist to attack you and force drugs on you. Now, it is pay back time. Make the government pay!

COMMON LIES AND DECEPTIONS PROMOTED BY PSYCHIATRISTS

If psychiatrists told people that they were giving them drugs designed to destroy their brain, physically shrink their brain, make them sterile or impotent, ruin any chance at happiness and shorten their life by about 25 years, no one would go to them. So, they lie. One favorite lie is that they are "correcting a chemical imbalance in the brain". There is no evidence for this. They simply made it up.

Tardive Dyskinesia is the name for one of the types of permanent damage psychiatric drugs can cause. It is caused by the drugs. However, it is common for psychiatrists to try to convince interested people like relatives that the condition is "caused by the person's mental illness". Unless someone doubts this fabricated story and does some research, they may actually believe this.

Zyprexa is a dangerous new "atypical" drug which causes permanent brain damage after just one dose [see sntp.net]. It is so dangerous that the documents describing its effects are secret. You can do a search for "zyprexa papers" to read the story of how the drug company went to great lengths to prevent the public from learning the truth contained in the companies secret internal documents. It was a major

case. It makes you wonder what we would find if we could see the internal documents of the various drug companies who make the poisons used to destroy people's lives.

STAGES OF HUMAN MATURITY

We are all familiar with the first two stages of human maturity which are childhood and conventional adult life. The next stage is Spiritual development. Although this stage is part of natural evolution, it is incompatible with a materialistic society. So, to deal with this "problem", people who show signs of Spiritual development are labeled schizophrenic, demonized and removed from society. If everyone was allowed to naturally advance Spiritually, the world as we know it would not exist. The oligarchs who run this world and view the masses as their personal slaves do not want their "possessions" to Spiritually evolve to a level which would take them beyond their control, consequently, they educate people in scientific atheism, materialism and darwinian evolutionary philosophy.

Unfortunately, all it takes is one experience, such as an out of body experience, to totally shatter years of careful indoctrination and prove that everything one has been taught to believe is wrong. Psychiatrists act as "guardians of the Spiritual gate" and their job is to make sure no one "escapes" from this illusionary world and learns the truth. By brain damaging people and then convincing them that whatever Spiritual experience they have had did not really happen and was a delusion, they can "reclaim" some people and return them to their previous life as an unenlightened slave. This is their goal.

Lately, psychiatrists have been targeting children looking for any kids who show signs of Spiritual development so they can brain damage them while they are young, immature and have essentially no rights. Then, hopefully, they will grow up to be useful slaves and never develop Spiritually.

SPIRITUAL CRIMES

Deliberately interfering with someone's Spiritual development is a Spiritual crime. Psychiatrists commit a Spiritual crime when they force their poisons upon people because these chemical agents damage the Astral body as well as the physical body and prevent Spiritual experiences. Spiritual experiences are the only legitimate purpose of human life. Everything else, such as material possessions and the economy, are meaningless and have no Spiritual merit at all as this world and all that is in it is a temporary illusion - a fact you will learn after death if you do not know it already.

Because psychiatrists secretly train government agents to go on out of body spy missions [e.g. remote viewing] they cannot claim ignorance. When they attack ordinary people for the naturally having the same types of experiences they secretly train government "psychic spies" to have, they have knowingly committed a Spiritual crime. Spiritual crimes are considered to be a direct attack upon the will of GOD. There is no greater offense.

THE TERROR OF PSYCHIATRY

Let's say you have a problem and you decide to go talk to a psychiatrist. Big mistake! But, read on ye unenlightened one.

So you walk in the office and the nurse says the doctor can't see you for two weeks but has prescribed some medicine to "help" you and she gives you a shot. You leave not feeling too bad and totally clueless that you have been injected with an ultra long acting brain disrupter agent. You won't notice the effect for a couple of days. By then, it will be too late.

Notice that we did not mention what your "problem" was. It doesn't matter. Psychiatrists cannot solve people's problems. What they do is to brain damage people so severely that they can't remember they had a problem and so, briefly, they may feel better as their brain is slowly fried.

In a few days you notice things are not going so well. You can't remember, you can't compose your thoughts and you can't articulate speech to express yourself. Whatever job you have will become difficult and then impossible. Eventually, you will be fired.

When you return to see the psychiatrist in two weeks, the nurse will immediately shoot you up with more dope. By then, you will have lost the ability to question or perhaps even notice what is happening. The psychiatrist will ask you about your problem. However, you can't remember what it was. You just sit and stare with your glassy eyes as the psychiatrist says you have made "great improvement" and hands you the bill.

Of course, you have no job now so, eventually, you will run out of money to pay the psychiatrist. At that point, since you no longer have any monetary value, the psychiatrist will order you sent to the nearest state hospital. Once there, you will be given more dope. The social worker will mention to your wife that there is no hope for you and, now that you are confirmed insane, she has the legal right to dispose of all your worldly possessions as she may choose. So, in short order, your wife has found a new friend and is living high as she sells everything including your home. Then, the social worker will mention to your wife that she can legally divorce you by signing a simple form. She does not have to ask you or even notify you because you are crazy and incompetent.

Now, although you may not even know, you are divorced, homeless and penniless. Since there is no longer an "interested party" [your wife] involved with your situation, the hospital will decide your fate. They decide to sell you to a nursing home so you will no longer be a burden to them. The nursing home will be happy to get a fresh warm body to warehouse as you are worth a small fortune to them in federal benefits.

Once the nursing home gets hold of you, they will strap you to a bed and inject you with massive doses of drugs to put you in a near catatonic state so that you "won't be any trouble". They don't want to kill you. You're not worth anything dead. But, they can't take the chance that you might complain or try to contact anyone on the outside for help. So, there you stay. It is unlikely that any friends you may have left will be able to locate you due to "medical confidentiality" laws, however, if they should, once they see you drooling and incoherent, they will quickly walk away and never come back.

Silently, you pray for death. You think death will finally end your ordeal. Think again!

Now, your last day has come. You are finally dead. Now - surprise, surprise - you find yourself in your Astral body floating around the room and watching your dead physical body being bagged up and hauled off. Your Astral body, however, has been damaged by the psychiatric drugs and your life energy is weak. You are unable to open the dimensional portal which would normally transport you to the relative safety of the Astral world. Therefore, you are condemned to wander the earth as a disembodied spirit. There are entities assigned to rescue people in your situation and, eventually, one will find you. However, you could remain earthbound for thousands of years. You will be able to see and hear people but, unless they are psychic, they will not see or hear you.

Finally, when you do reach the Astral world, you will be told that, since your previous lifetime was wasted due to psychiatric intervention, you must now reincarnate and do it all again.

BETTER DEAD THAN RED

When Americans considered the possibility that they might be conquered by the Soviet Union years ago, the then popular phrase, "Better Dead than Red" was in common use. The meaning of this chant was that Americans so hated the prospect of life under communism that they would choose death over submission.

This is the moral conviction that you must have to successfully survive an attack by psychiatrists. You must choose death over submission. If you submit, not only will the remainder of your physical lifetime be totally miserable as you are sterilized and brain damaged, but your future Spiritual life will also be seriously affected because your emotional or Astral body will also have been damaged.

It is generally known among all warriors that it is better to die in combat than to surrender. Never surrender. If you must die, die fighting. Always remember, "Better Dead than Red".

